



KNOW HOW

A Sweet Daily Grind

Edilson Cremonese owns The Coffee Hub, a pedal-powered coffee station in Fort Lauderdale, Florida. Here's how he uses saddle time to keep the locals caffeinated.

BY MEGAN GILLER

► **I've always wanted to combine my passion for coffee and cycling.** About two years ago, I saw the Velopresso trike while watching the Tour de France on TV. It was a prototype. Eventually I had the company make me one.

► **Even the frame is custom.** They wanted to know my measurements, how I ride, everything.

► **I work a lot of races, art gallery events, farmers' markets.** I pedal up to 10 miles to get to an event and then between 4 and 8 miles while grinding coffee.

► **A lever espresso machine doesn't need any electricity.** A propane gas tank heats up the water and builds pressure for the machine. I pedal 6 to 8 minutes to fill up

the boiler with water, light the fire, and then wait 25 minutes for the water to heat. After that I just have to pedal to grind the coffee and replenish the water.

► **If people want to grind their own coffee, I let them.** The other day somebody asked, "Can I do the latte art?" I'm like, "Go ahead, man." Just don't compare me to Starbucks.